

Itawamba County Schools

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 3	Sep - 4	Sep - 5	Sep - 6	Sep - 7
	Chef Salad Spaghetti & Meat Sauce Whole Wheat Garlic T Seasoned Green Beans Raw Veggies with Dip Assorted Fruit Juices Sliced Strawberries Chocolate Milk Fat Free Milk Mini Saltine Crackers Saltine Crackers	Cereal Yogurt Plate 1 Chicken Fajita Nachos Whole Kernel Corn Raw Veggies with Dip Chilled Peach Slices Assorted Fruit Juices Chocolate Milk Fat Free Milk Hot Sauce Saltine Crackers Mini Saltine Crackers	Brunch for lunch Pancakes Sausage Patty Bacon Strips Hashbrown Potatoes Fresh Bananas Assorted Fruit Juices Chocolate Milk Fat Free Milk Assorted Jellies Pancake Syrup	Chicken and Noodle Casserole Fruit and Yogurt Plate Seasoned Green Beans Quick Baked Potato Yeast Roll Assorted Fruit Juices Pineapple Tidbits Chocolate Milk Fat Free Milk Saltine Crackers Mini Saltine Crackers
	Nutrients Target Carb 74.4g 54.1%Cal	Nutrients Target Carb 77.5g 54.2%Cal	Nutrients Target Carb 106.2g 54.3%Cal	Nutrients Target Carb 106.9g 62.9%Cal
Sep - 10	Sep - 11	Sep - 12	Sep - 13	Sep - 14
Chef Salad Ranch Parmesan Pasta Chicken Cheesy Breadstick Garden Salad W/Dressing Corn on the Cob Assorted Fruit Juices Rosey Applesauce Chocolate Milk Fat Free Milk Saltine Crackers Mini Saltine Crackers	Chef Salad Pigs in a Blanket Baked Beans Raw Veggies with Dip Tossed Salad w/ Dressi Assorted Fruit Juices Fresh Watermelon Chu Chocolate Milk Fat Free Milk Assorted Gelatins with Whipped Topping Saltine Crackers Mini Saltine Crackers Ketchup Mustard, PC, MS1538	Chicken Crossiant Com Ham and Cheese on Bu Tater Tots Raw Veggies with Dip Chilled Peach Slices Assorted Fruit Juices Chocolate Milk Fat Free Milk Mini Saltine Crackers Saltine Crackers Mayonnaise Ketchup	Chef Salad Chicken with Alfredo Sauce Whole Wheat Garlic T Garden Salad W/Dressing Seasoned Green Beans Assorted Fruit Juices Blushing Chilled Pears Chocolate Milk Fat Free Milk Saltine Crackers Chocolate Pudding	Cereal Yogurt Plate Mandarin Chicken Steamed Brown Rice Yeast Roll Green Peas Tossed Salad w/ Dressi Frozen Fruit Juice Cup Fresh Bananas Chocolate Milk Fat Free Milk Mini Saltine Crackers Saltine Crackers
Nutrients Target Carb 78.5g 53.3%Cal	Nutrients Target Carb 103.8g 60.1%Cal	Nutrients Target Carb 84.2g 50.0%Cal	Nutrients Target Carb 86.9g 59.0%Cal	Nutrients Target Carb 115.0g 68.8%Cal
Sep - 17	Sep - 18	Sep - 19	Sep - 20	Sep - 21
Cereal Yogurt Plate Grilled Chicken Sandwi Trimmings Tossed Salad w/ Dressi Tater Tots Assorted Fruit Juices Chilled Peach Slices Chocolate Milk Fat Free Milk Mini Saltine Crackers Saltine Crackers Mayonnaise Mayonnaise Mustard, PC, MS1538 Ketchup	Chef Salad Hot Dog Hot Dog Chili Sauce Yeast Roll Baked Beans Potato Salad Field Peas Assorted Fruit Juices Blushing Chilled Pears Chocolate Milk Fat Free Milk Mini Saltine Crackers Saltine Crackers	Chef Salad Taco Dorito Trimmings Whole Kernel Corn Baby Carrots w/ Dressi Assorted Fruit Juices Fresh Cantaloupe Cube Chocolate Milk Fat Free Milk Hot Sauce Taco Sauce Salsa Mini Saltine Crackers Saltine Crackers	Fruit and Yogurt Plate Brunch for lunch Sausage Patty Bacon Strips Hashbrown Potatoes Strawberry Yogurt Assorted Fruit Juices Fresh Bananas Chocolate Milk Fat Free Milk Strawberry Milk Assorted Jellies	Chef Salad Cheesy Breadsticks wit Vegetable Beef Soup Loaded Baked Potato S Cheesy Breadstick Raw Veggies with Dip Green Peas Assorted Fruit Juices Chilled Diced Pears Chocolate Milk Fat Free Milk Mini Saltine Crackers Saltine Crackers Ice Cream Cup Variety

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Nutrients	Target		Nutrients	Target		Nutrients	Target		Nutrients	Target		Nutrients	Target	
Carb	96.7g	61.9%Cal	Carb	97.3g	56.6%Cal	Carb	70.9g	51.6%Cal	Carb	95.8g	49.4%Cal	Carb	100.5g	56.4%Cal

Variety of Milk offered daily.
Water offered daily.

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